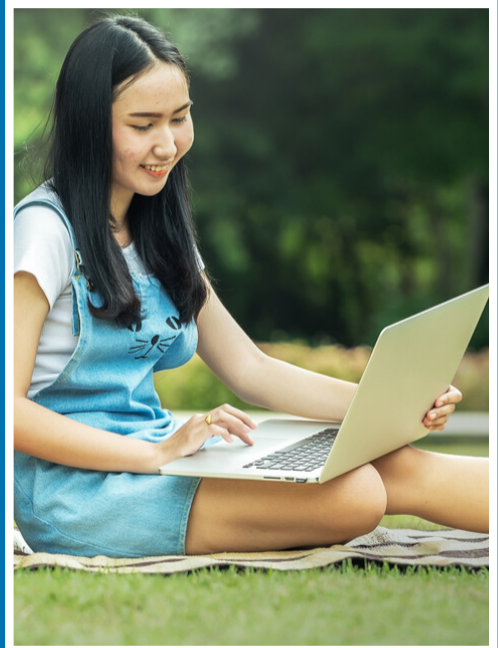


VIRTUAL AFTER-SCHOOL ACTIVITY OF THE WEEK

WEEK OF MAY 11-15



Generously funded by The Children's Trust in
partnership with Nova Southeastern University



WWW.NOVA.EDU/PROJECTRISE



THE MISSION

Each week, Project RISE will send out an activity that you can do virtually with the children and/or families in your program, either in a live, online session or by sending a video with instructions to parents. The activities are intended to give children opportunities to learn, express themselves, and feel connected to you and their after-school friends. Providing this on a weekly basis during this difficult time can also help to strengthen your relationship with the children, families, and communities you serve.



PREPARATION

Engaging older youth is important to their well-being, especially during this time when they have fewer opportunities to connect with others. Fortunately, today's teens tend to be well equipped for virtual engagement. This week's activity demonstrates a way to engage older youth by creating community impact challenges that can be shared within your program or community.

MATERIALS

CHALLENGE EXAMPLE SHEET

#MIAMICARES CHALLENGE
SHOW THE COMMUNITY YOU CARE BY:

FAMILIES SHOULD CREATE A CARING MESSAGE (DRAWN, WRITTEN, OR PHOTO) FOR A NEIGHBOR OR COMMUNITY MEMBER TO SHARE VIA EMAIL, SOCIAL MEDIA, OR MAILBOX WITH INSTRUCTIONS FOR THEM TO SHARE THE CHALLENGE.

YOUTH CREATE THE HASHTAG, INSTRUCTIONS, EXAMPLES, AND ARTWORK THAT WILL BE USED TO PROMOTE THE CHALLENGE.

GROUP TO DO LIST

- ☐ CHOOSE A CHALLENGE TO WORK ON
- ☐ CREATE TEXT FOR CHALLENGE
- ☐ CREATE ART OR IMAGES FOR CHALLENGE
- ☐ CREATE AN EXAMPLE OF THE CHALLENGE
- ☐ CREATE INSTRUCTIONS FOR SHARING

- Video Chat tool such as Zoom, Google Hangout, or Facebook Messenger Rooms.
- Phone or device with video capability
- The Challenge Example sheet with instructions
- Staff to run the group challenge

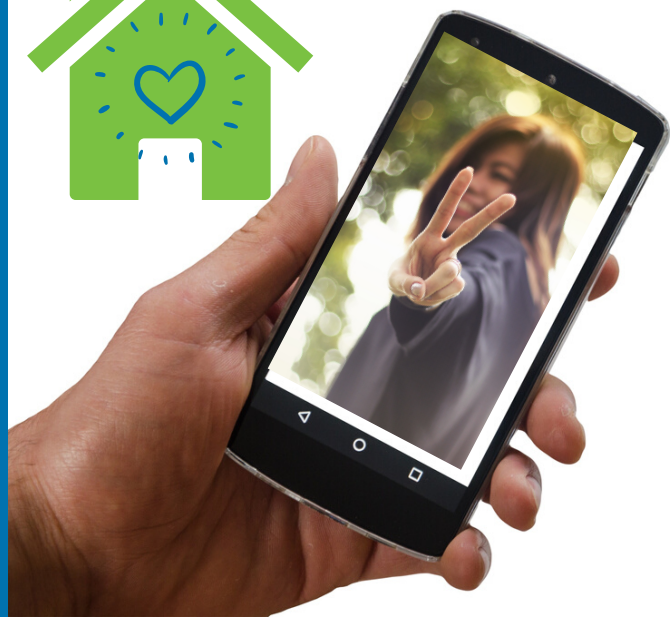
OVERVIEW

Group older youth with staff members to create and promote a community impact challenge while at home. Our example demonstrates how to conduct a "random acts of kindness" challenge, but teens may want to address a particular issue, appreciation for a certain organization or leader, "stepping up to create a better future," or other types of challenges. Youth and staff can create a different challenge each month.

CREATE IT

Youth must create this challenge themselves for it to be successful. We have created a sample [Challenge Example](#), but staff should facilitate a virtual meeting to help youth brainstorm and develop a plan. Once the group chooses a topic, they will plan how it will be promoted, promotional materials (photos, videos, artwork, hashtags, or subsequent meetings), and how it will be shared. In addition to encouraging youth to think about how they can impact their community, this project also provides an excellent opportunity for cooperative learning!

SHARE IT



JOIN OUR COMMUNITY CHALLENGE

Show others
you care from
anywhere

The challenge created by your staff and older youth can be sent to families and the community with the instructions they create.

To ensure that the challenge is promoted well and in a safe, appropriate manner, we suggest that staff oversee and review all promotional materials. It may also be wise to ensure that staff post the materials on social media and monitor responses as they come in.



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FAMILY INSTRUCTIONS

Our after-school program staff will be meeting with our older youth to create challenges to support the community through this period. We ask that you support them by participating in the challenge with your family. You will receive an email from us with instructions for the challenge prepared by older youth participants in our program.



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CHALLENGE*

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